q family: THREE BABIES, ONE DONOR, AND A WHOLE LOT OF PRIDE AT THE SWANS GAME

Hilary and Amy Harris never imagined their road to parenthood would span seven years, multiple fertility clinics and over \$70,000. But, as they welcome their third son who is just a few days old - joining Bowie (2) and Remy (1), they're reflecting on the resilience, love and support that carried them through.

The couple, who are both teachers living in Mudgee, NSW, met in 2015 when Hilary was 19 and Amy was 23. By 2017 they were already dreaming of a family, inspired by a university lecturer of Hilary's who shared her own fertility journey as part of a same-sex couple. They had no idea how complex and emotionally exhausting the path ahead would be.



"We bounced around a few clinics, starting with IUI (intrauterine insemination) treatments using donor sperm," said Hilary. "We didn't have any medical issues but none of the cycles worked. It was disheartening."

They switched clinics, tried tracking Amy's cycle more closely, and did another three IUIs. But with their wedding approaching in 2019 and funds running low, they hit the pause button.

That year, they asked a friend to be their known donor and began trying home insemination. After months without success, they moved on to IVF in 2020 at a private clinic. Amy had a strong response to the medication, but after six failed transfers and no clear answers, the emotional and physical toll was a lot.

"We were completely drained," Hilary said. "It's hard enough going through failed cycles, but when you're not being listened to by the clinic, it is even harder."

Eventually, they found a community-based donor through Sperm Donation Australia and returned to home insemination while waiting to access IVF treatment. That's when Amy fell pregnant naturally with their first son, Bowie, born in October 2022.

"After four years of heartbreak, it finally happened - and not through a clinic," said Hilary. "We couldn't believe it."

Soon after Bowie was born, Hilary began trying but experienced reproductive health issues that made conceiving more difficult, however the couple remained hopeful. Then, they ran into another roadblock - the clinic they had planned on using for treatment had paused its donor program.

That's when they discovered Adora Fertility, a private clinic that prioritises affordable and accessible treatment. Their known donor agreed to participate, and the process began in late 2023.

"There were no surprises, no hidden fees," said Hilary. "Everything was transparent from day one. We undertook the mandatory counselling, the sperm quarantining and had a clear plan."



While all of that was happening, they decided to try home insemination again with Amy, who fell pregnant with their second son Remy in October 2023. Remy was born in July 2024.

Late 2024, Hilary began her first cycle with Adora. Just weeks later, she found out she was pregnant with their third boy, Teddy, who arrived just days ago!

"After everything it was such a relief. This pregnancy has been challenging mentally because of our history, but I've been lucky overall," said Hilary.

The Harris family is proof of how inclusive and affordable fertility care can change lives - and this weekend's Sydney Swans AFL Pride Game at the SCG is a celebration of exactly that.

First played in 2016 as a joint initiative between the Swans and St Kilda.



the Pride Game has become a bold statement of LGBTQIA+ inclusion in football. With Adora Fertility

as the match day partner, the game also highlights the growing visibility of rainbow families and the importance of accessible fertility care for all.

"It's really special to be a part of something that celebrates families like ours." she said.

Their three sons have been conceived all using the same donor.

"We'll talk about someone special who helped us have them, when the time is right," said Hilary. "When they're older, we'll revisit how much we share. But it's important they know where they come from."

Reflecting on their journey, the couple says Adora stood out not only for affordability but for its care and communication. Appointments were held mostly virtually, with scans and blood



tests done locally in Mudgee. They only travelled to Sydney for egg retrieval and embryo transfer.

Their advice to other LGBTQIA+ couples is to start early and research your options - and don't equate high prices with better care.

"Some of the most expensive clinics gave us the worst experiences," Hilary said. "Adora made us feel respected and informed every step of the way."

Please click this link for more information about Adora Fertility Click here to see a fabulous video with our wonderful family and the Swans.